

Marc Lawrence's Weekly
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THE BEST BASKETBALL NEWSLETTER ON THE PLANET™

Volume 38, Issue 2

January 14-20, 2023

COLLEGE AND NBA POWER RATINGS!

STAR-RATED COLLEGE BEST BETS SWEEP!

100% AWESOME ANGLE INSIDE!



- *Best Bets and Key Plays*
- *Awesome Angle & Tremendous Trends*
- *Incredible Stat of the Week*
- *College & NBA Power Ratings*



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THIS WEEK IN BASKETBALL – JANUARY 14-20, 2023



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Due to various circumstances beyond our control – such as a reliable basketball schedule that covers more than just three days' worth of games – we'll be presenting a "meat and potatoes" version of our weekly basketball newsletter until the start of the NCAA Tournament. Each week we'll provide write-ups and analysis on the games that stand out the most, including three Best Bet releases on each of the College, NBA, and NBA Over/Under cards. For margins on all other games on the weekly card, we suggest you refer to Kenny White's Power Ratings, along with Victor King's NBA rankings, in determining sides on the remaining portion of the daily hoops' lineup. We are sorry for any inconvenience, but rest assured the isolated contests we feature contain write-ups on the games that would normally appear in the regular version of the PLAYBOOK Basketball Newsletter. Thanks for your continued support.

The Playbook staff

COLLEGE BASKETBALL

Saturday, January 14

4★ BEST BET

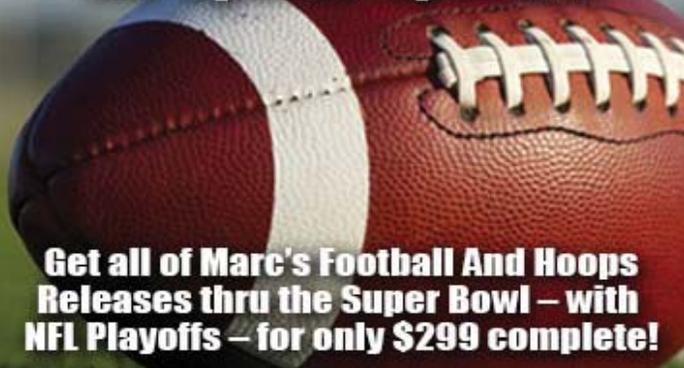
Kentucky over TENNESSEE by 1

It's tough to decide which college basketball team fared worst in last week's play, but the Kentucky Wildcats were right at the top of the list. Consider: On Saturday, UK went on the road to battle a highly-rated Alabama squad and limped back to Lexington after being destroyed by the Tide, 78-52 – the program's worst loss in years. But the icing on the cake for Kentucky's week of shame was not applied until the following Tuesday. In one of the most shocking setbacks of head coach John Calipari's 14-year run with the Wildcats, 8-8 South Carolina – the same South Carolina that lost by 43 in its previous outing against Tennessee – upset UK, 71-68, at Rupp Arena, snapping the Wildcats' 28-game home win streak, which had been the longest active streak in the SEC. "Are fans mad? They should be," Calipari said during his postgame press conference. "We lost at home. We don't lose at home. And we were down 10 at the half. I expect fans to be mad." Enter No. 5 Tennessee, 14-2 and climbing, riding a 13-1 SU streak in its last 14 outings. Rick Barnes and company also booted Kentucky from last season's SEC tourney in the semifinal round as the No. 3 seed. The high-flying Vols are tied atop the SEC with Alabama thanks to a crew that knows how to clean the glass (No. 6 in the nation in team rebounding) and dish the ball (No. 11 in team assists), making this a difficult task for Coach Cal's kids. However, UT is just **1-7 ATS** as a host in this series when the Wildcats do not sport an .850 or better win percentage, as well as 1-4 ATS as a favorite versus UK. Calipari looked haggard after the Gamecocks defeat, so we expect him to come up with a game plan that can keep his team close today. In fact, this is where Kentucky's head coach is at his best, dressing up as a road dog of more than 3 points in games in which his troops own a sub .640 win percentage as his 14-5 ATS career mark confirms. Like Jerry Dandridge said in "Fright Night", it doesn't work if you don't have faith – starting with **THE CLINCHER: Tennessee is 6-11 ATS this series when not entering off back-to-back losses, including 0-4 ATS when Kentucky has revenge.**

TCU over Kansas State by 11

Another team looking to rebound from a bad week is TCU. Jamie Dixon's Horned Frogs were riding a runaway train 11-game win streak before hosting Iowa State on Saturday, and the Cyclones outlasted the Frogs in a 69-67 thriller. Then on Monday, the TCU football team was eviscerated by Georgia in the CFP National Championship, a 65-7 rout that had to cast a pall over the entire university in Fort Worth. Wednesday saw the Horned Frogs visit Texas, where they jumped out to a big lead and held a double-digit

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AWESOME ANGLE OF THE WEEK

PLAY ON Michigan State at home with conference revenge when they own a .750 < win percentage and are facing a > .600 opponent before Game 24 of the season.

**Play On:
MICHIGAN STATE (1/15)**

WHIZZO IZZO

**ATS W-L Record
Since 1995:**

**7-0
(100%)**

INCREDIBLE STAT OF THE WEEK

**The Utah Jazz are 66-10-2 ATS at home
in games they win outright versus
non-rested non-conference foes when
not favored by more than 10 points.**



edge throughout most of the contest but faded in the final minutes to drop a 79-75 decision to the Longhorns. Egad. Now Dixon and his No. 17 squad look to cool down red-hot No. 11 Kansas State, winners of nine straight games, including two in overtime, while scoring 80 or more points in five of those contests. Yes, the Manhattan Wildcats are one of the biggest surprises on the college hardwood this season, picked to finish last in the Big 12 but instead enter tied atop the conference. Kudos to first-year head coach Jerome Tang, who inherited a 14-17 outfit that lost in the opening round of the Big 12 Tournament, failing to advance to postseason play. Today's game, however, looks like a spot where a heavy dose of reality and a return to the norm have been known to barge through the door. That's because the 5-returning starter Horned Frogs have frequently rung the ATS register when coming off a loss, going **7-1 ATS** of late. The Froggies have also been squashed twice – the last time as chalk – when hosting the Wildcats and will be anxious to make amends. And guess who KSU has up next after this one? That's right, the hated Jayhawks of Kansas, a team the Wildcats have not beaten since January 17, 1994. Sounds like the perfect storm to us, and we'll take advantage by hopping over to the pay window after a big Horned Frogs win here.

LA TECH over Ala-Birmingham by 8

Huge game for each of these CUSA rivals who are currently tied for third place in the conference standings. The good news for UAB is the Blazers have been breathing fire under third-year head coach Andy Kennedy, finishing 27-8 last season and 61-20 overall since he arrived in B'ham. The bad news is UAB owned a 12-2 record before dropping its last three contests on the scoreboard, all agonizingly close, as the Blazers lost to Western Kentucky by 2 points, to Florida International by 3 points, and to Florida Atlantic by 2 points. If that's not discouraging enough, the **WOM** (well-oiled machine) informs us that UAB is lost in a **0-9-1 ATS** slide in its previous ten away games, plus the dragons have suffered through a **1-5 SUATS** failure in their last six games at Ruston. Yikes. Meanwhile, Louisiana Tech's 10-7 start should come as no surprise as former head coach Eric Konkol left after three straight 20-win seasons to take the Tulsa job, and Talvin Hester, an assistant under Konkol, took over with just two starters returning this year. However, the Bulldogs have sprung to life lately, winning two of their last three, while losing to North Texas by just 2 points. They're also **5-0 ATS** at home in this series when not coming off consecutive wins, and there is no doubt the Techsters still painfully recall losing to UAB in the finals of last season's CUSA tourney. With the Bulldogs 6-1 SU at home and the Blazers 0-3 away this campaign, there's only one way to look here.

NOTE: Home team is shown in ALL CAPS. PLAYBOOK selection is Underlined and Bold.

Sunday, January 15

UPSET GAME OF THE WEEK UPSET

St. John's over CONNECTICUT by 2

The Huskies burst out of the gate this season with a 14-0 start, and currently own the best overall record of all teams in the Big East at 15-3. But No. 6 UConn has lost three of its last four contests to drop to 4-3 in conference play and needs to stop the bleeding. So do the hemorrhaging Red Storm, whose 16-point win over Butler on Tuesday snapped a 5-game losing skid. Now 12-6 St. John's takes to the road to face Dan Hurley's Huskies in a clash between two suddenly desperate squads. The Johnnies are just one game back of 4th place Huskies in the Big East race and their strong **6-0-1 ATS** performance in the last seven meetings with Connecticut tells us if they don't pull the outright upset, they'll stay close enough to cash a ticket. The sled dogs are coming off an 82-76 loss at Marquette on Wednesday, which puts them in a bad role here with UConn just 3-8 ATS in the series when coming off a loss, including **0-4 ATS** when going into revenge. Turns out Connecticut took out Johnny twice last season, so we figure now is the time they pay the price. St. John's looked like a different team in its 16-point bashing of the Bulldogs, outshooting Butler 53% to 44% and nailing 82% from the free throw line, as well as winning the rebound battle. Can't say for sure the Red Storm have turned the corner, but we'll ride them with the generous points here. We spell this game **U-P-S-E-T**.

Monday, January 16

5★ BEST BET

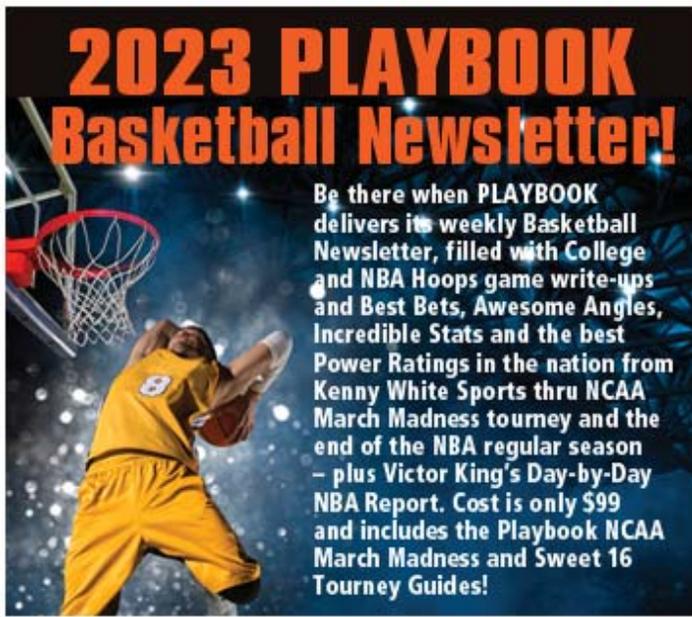
MICHIGAN STATE over Purdue by 13

Uh oh. There was a moment during Michigan State's recent 59-53 home win over rival Michigan when Spartans head coach Tom Izzo was caught on camera with an expression that said: "I think we've got something special here, but I don't want to tip off anyone too soon." With Sparty nowhere to be seen in the latest AP Top 25 rankings, it looks like Izzo might be able to ambush an opponent or two before the league catches on. He followed up the win over the Wolverines by covering as road chalk versus Wisconsin, then took a 7-game win skein into their Friday the 13th clash with Illinois (check result). Purdue was also scheduled to play on this most unlucky day but got to stay home and probably notch another win over outmanned Nebraska. The Boilermakers boasted a 15-1 record at press time, and should both teams bag those Friday victories, tonight's game will be a battle for the top spot in the conference between Big Ten co-leaders. The problem for the visitors is a disappointing 6-10 ATS effort this season, including **3-10 ATS** when not taking points. Then there's the scab from Michigan State's loss to Purdue in the semifinals of the Big Ten tourney last season. Sparty just so happens to own an 8-1 SU and 7-2 ATS record with conference tourney revenge when the Spartans own an .800 or fewer record, including **3-0 SUATS** versus .750 or greater opponents. They're also **4-0 SUATS** with LTKO revenge with a win percentage of less than .777. However, as always, we save the best for last with **THE CLINCHER: See this week's AWESOME ANGLE on page 2. FYI: MSU is 100% outright in this role.**

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Wednesday, January 18

3★ BEST BET

SETON HALL over Connecticut by 8

No matter the outcome of UConn's Saturday battle with St. John's, we still prefer the Pirates here tonight. Yes, despite standing just 10-8 at press time, Seton Hall has reeled off decisive wins in three of its last four contests at press time, beating Georgetown, Butler and St. Johns. Besides being the nottie instead of the hottie in tonight's matchup, UConn owns a money-burning **0-7 ATS** mark of late as Big East road chalk when coming off a conference contest, so we're picking on them again. More fuel to the fire comes via the fact that the 21-win Pirates were pillaged, 62-52, in the first round of the Big East tourney by the Huskies last season. Fortunately, the Kids in the Hall have always been reliable as conference home dogs with revenge, going 14-8-1 ATS, including **9-3 ATS** versus greater than .750 foes. And if that stat doesn't catch your fancy, Seton Hall is **3-0 SUATS** as a conference dog when seeking revenge from a conference tournament loss. Finally, we wrap things up with **THE CLINCHER: Home teams are 5-0 SUATS with conference tournament revenge against UConn.**

Thursday, January 19

LONG BEACH ST over Fullerton St by 10

We realize the Beach Boys are a shadow of last year's 20-win squad that lost to Fullerton State as a No. 1 seed in the Big West conference tourney, but that type of revenge simply can't be ignored – especially against a beatable foe, and especially when both teams are hovering around break-even territory. The **WOM** agrees, noting that the 49ers are 22-11 ATS at home in this series, including **16-1 ATS** when the Titans enter off a SUATS win. You'll need to check the result from their home game against Cal State Bakersfield three days ago, but keep in mind that CS Fullerton is currently on a **0-4 SUATS** skid away in conference games after facing the boys from Bakersfield. The Titans are also just **1-6 SUATS** away versus sub .540 Big West foes. Toss in the fact that Long Beach State is winning home games this season by an average of 12 PPG, and we expect the 49ers to strike some SU and ATS gold tonight.

NBA BASKETBALL

Saturday, January 14

4★ BEST BET

TORONTO over Atlanta by 16

After a blasé 7-8 start to the season, Toronto hit the skids going 3-11 thereafter before the Raptors finally shook out of their doldrums with wins and covers in each of their previous three games as they enter this all-important contest. They'll ride that momentum into this clash in an ideal scheduling spot, bringing along a **7-1 SUATS** record with them in home games when coming off back-to-back home contests, while the visiting Hawks enter off a same-season revenger last night in Indiana knowing they are just 6-18 SU and 8-16 ATS post Pacers since 2016. Better yet, Atlanta is staring dead ahead to a triple revenge affair with Miami while bringing a long-term 54-80-3 ATS mark into this fray in games before Heat hookups, while Toronto is looking to get even from a 124-122 loss at Atlanta during the opening month of the season. And like a gift under the Christmas tree that has yet to be opened, we put a bow on this present with **THE CLINCHER: Atlanta is 1-7 SUATS away with no rest against Eastern Conference foes seeking same-season revenge.**

Sunday, January 15

Houston over LA CLIPPERS by 1

While this game looks hard to swallow on the surface, it should go down like a Grey Goose on the rocks. Consider: The lowly Rockets have already taken it on the chin three times this season in this series, including a 16-point beat down in their latest gathering. That sets the table as Houston brings a lofty 40-25 ATS log away in this series, including 32-15 ATS in game in which the paper Clips sport a .610 or less win percentage. The ICBMs are also 16-6 ATS away from Game 22 out when seeking same-season revenge from a loss of 15-plus points, including **8-0 ATS** when they ride in with a sub .270 win percentage. Why would that be, you ask? Simple. Opponents, more often than not, tend to play down to their level. And speaking of which, our **Well-Oiled Machine** notes the Clippers are just 4-8 ATS versus foes seeking same-season triple revenge that are playing with revenge from a most recent defeat of 15 or more points. That makes this a nice and smooth take.



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THIS WEEK'S BEST BETS

A REVIEW OF THE CURRENT
★ RATED BEST BET SELECTIONS

WEEK ENDING FRIDAY, JANUARY 20, 2023		3★ BEST BET	4★ BEST BET	5★ BEST BET
	COLLEGE	SETON HALL (Wednesday 1/18)	KENTUCKY (Saturday 1/14)	MICHIGAN STATE (Monday 1/16)
	NBA	CAVALIERS (Wednesday 1/18)	RAPTORS (Saturday 1/14)	JAZZ (Friday 1/20)
	NBA O/U	HORNETS UNDER (Saturday 1/14)	JAZZ OVER (Wednesday 1/18)	THUNDER OVER (Wednesday 1/18)

Tuesday, January 17

SAN ANTONIO over Brooklyn by 6

It's Pop-O-Top time again as we take a deep dive into our Greg Popovich history book tonight. For openers, his Spurs were splattered to Kingdom Come in a 139-103 loss in Brooklyn the day after New Year's. They went on a 5-0 ATS win skein at home after Christmas this season and have cashed in 6 of 9 non-conference contests this campaign. In addition, Popovich is 25-12-1 ATS in games when looking to avenge a same season defeat of more than 25 points, including 16-6-1 ATS at home. With the Nets starting a 5-game road trek and just **1-5 ATS** versus sub .333 foes this season, it's time to pop open a serving of cold revenge tonight.

Wednesday, January 18

3★ BEST BET

Cleveland over MEMPHIS by 8

Meet the upstart team this season in the young and deeply talented Cavaliers. The addition of Donovan Mitchell to a roster that has been loading up on talent the past three seasons is finally coming into fruition while being orchestrated by J.B. Bickerstaff. The former Memphis Grizzlies head coach would like nothing better than to leave a calling card tonight. The baby Cavs arrive with a double revenge chip on their shoulder from a pair of losses they incurred last year knowing they are 17-13 SU and 20-10 ATS in this series, including 12-4 ATS away. The Grizz return home after facing Phoenix, with the Lakers on deck (only 7-10 SUATS before facing Los Angeles). However, it's actually the Suns who pave the way for this as we refer to **THE CLINCHER: Memphis is 4-15 SUATS at home after facing Phoenix when facing .570 or greater foes, including 1-8 SUATS when the Grizzlies do not sport a losing record.**

NOTE: Home team is shown in ALL CAPS.
PLAYBOOK selection is Underlined and Bold.

Friday, January 20

5★ BEST BET

UTAH over Brooklyn by 16

We used to see these famous "airport" plays a lot more frequently in the past but it appears the league has wised up and scheduled fewer of them. Now that they're back we're like a hooker healed up after a hysterectomy, more than anxious to get back in action. For openers, the Jazz are 66-39-1 ATS as home when not favored by more than 10 points against non-rest non-conference foes, and make an appearance in this week's **INCREDIBLE STAT** on page 2. They are also 20-7 SU and 19-8 ATS of late in this series, including **6-0 ATS** when the Nets arrive with no zzz's. On the other side of the court, Brooklyn checks 0-2 SUATS this season without rest in non-conference clashes while coming off a double revenge tilt at Phoenix last night. And before we spring into action and prepare to lay whatever is being offered (wink, wink), we'll turn things over to **THE CLINCHER: Utah is 11-0 SU and 10-1 ATS at home in this series when the Nets owns a win percentage of less than .548.**



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Rnk: Overall rank in NFL • PWR: Numerical team power rating • HE: Numerical home field value

Rnk	Team	Conf/Div	PWR	HF	Rnk	Team	Conf/Div	PWR	HF	Rnk	Team	Conf/Div	PWR	HF					
24	Atlanta Hawks	EAST / SE	98	4	2023 NBA POWER RATINGS										9	N.Y. Knicks	EAST / ATL	102.5	3
1	Boston Celtics	EAST / ATL	107	4.5											18	Indiana Pacers	EAST / CNT	100	3.5
20	Brooklyn Nets	EAST / ATL	99	3.5	7	L.A. Clippers	WEST / PAC	103	3	24	Orlando Magic	EAST / SE	98	3					
27	Charlotte Hornets	EAST / SW	94	3	20	L.A. Lakers	WEST / PAC	99	2	7	Philadelphia 76ers	EAST / ATL	103	4.5					
13	Chicago Bulls	EAST / CNT	101	3.5	2	Memphis Grizzlies	WEST / SW	105.5	3.5	9	Phoenix Suns	WEST / PAC	102.5	4.5					
2	Cleveland Cavaliers	EAST / CNT	105.5	3.5	19	Miami Heat	EAST / SE	99.5	4.5	13	Portland T Blazers	WEST / NW	101	3.5					
11	Dallas Mavericks	WEST / SW	102	4	5	Milwaukee Bucks	EAST / CNT	104.5	5	11	Sacramento Kings	WEST / PAC	102	3					
6	Denver Nuggets	WEST / NW	103.5	4	23	Minnesota T'wolves	WEST / NW	98.5	3	30	San Antonio Spurs	WEST / SW	91	3.5					
28	Detroit Pistons	EAST / CNT	93.5	2.5	4	N Orleans Pelicans	WEST / SW	105	3	13	Toronto Raptors	EAST / ATL	101	4					
24	Golden St Warriors	WEST / PAC	98	4.5	Power Ratings courtesy of KennyWhiteSports.com										13	Utah Jazz	WEST / NW	101	4.5
29	Houston Rockets	WEST / SW	93	3											17	Washington Wizards	EAST / SE	100.5	2.5

2023 NCAA BASKETBALL POWER RATINGS

Rnk: Overall rank nationally (358 teams) • PWR: Team power rating • HC: Home court value • Power Ratings courtesy of KennyWhiteSports.com

Rnk	School	Con	PWR	HC	Rnk	School	Con	PWR	HC	Rnk	School	Con	PWR	HC	Rnk	School	Con	PWR	HC
151	Abil Christian	WAC	99.5	2.0	30	Florida	SEC	112.5	5.5	160	Middle Tenn	CUSA	98.5	5.0	156	Samford	SC	99	4.0
144	Air Force	MWC	100	3.5	355	Florida A&M	SWAC	80.5	1.0	232	Milwaukee	Horz	94	3.0	204	San Diego	WCC	95.5	3.5
122	Akron	MAC	101.5	4.5	51	Florida Atlantic	CUSA	109.5	4.0	156	Minnesota	B10	99	5.0	25	San Diego St	MWC	114	6.0
4	Alabama	SEC	119.5	4.5	151	Fla Gulf Coast	Asun	99.5	4.5	85	Mississippi	SEC	105.5	5.0	97	San Francisco	WCC	104	4.0
331	Alabama A&M	SWAC	87	1.5	215	Florida Int'l	CUSA	95	3.5	56	Mississippi St	SEC	109.5	4.5	140	San Jose St	MWC	100.5	4.0
56	Ala Birm	CUSA	109	4.0	122	Florida St	ACC	101.5	5.0	358	Miss Valley St	SWAC	78.5	1.5	92	Santa Barbara	BW	105	3.5
349	Alabama St	SWAC	82	2.0	191	Fordham	A10	96.5	4.0	39	Missouri	SEC	111	4.0	84	Santa Clara	WCC	106	4.0
317	Albany	AE	88	4.0	160	Fresno St	MWC	98.5	4.0	122	Missouri St	MVC	101.5	4.0	144	Seattle	WAC	100	2.5
295	Alcorn St	SWAC	89.5	1.5	167	Fullerton St	BW	98	3.0	357	Monmouth	CAA	80	4.5	43	Seton Hall	BE	110.5	5.0
191	American	Pat	96.5	2.5	79	Furman	SC	106.5	4.0	182	Montana	BSky	97	4.0	160	Siena	MAAC	98.5	4.5
174	Appalachian St	SB	97.5	3.0	191	Gardner Webb	B5th	96.5	4.0	107	Montana St	BSky	103	3.5	191	South Alabama	SB	96.5	3.5
12	Arizona	P12	116.5	5.0	107	George Mason	A10	103	4.5	288	Morehead St	OVC	90	4.0	174	South Carolina	SEC	97.5	5.0
56	Arizona St	P12	109	4.5	182	Geo Washington	A10	97	4.5	295	Morgan St	MEAC	89.5	2.0	350	SC State	MEAC	81.5	2.5
18	Arkansas	SEC	115	5.0	204	Georgetown	BE	95.5	5.0	275	MT Saint Mary's	MAAC	91	3.0	256	SC Upstate	B5th	92.5	3.0
337	Ark-Little Rock	OVC	86.5	4.0	85	Georgia	SEC	105.5	5.0	174	Murray St	MVC	97.5	3.5	268	South Dakota	Sum	91.5	4.0
350	Ark-Pine Bluff	SWAC	81.5	1.0	182	Georgia Sou	SB	97	4.0	241	Navy	Pat	93.5	3.0	241	S Dakota St	Sum	93.5	4.0
301	Arkansas St	SB	89	4.0	204	Georgia St	SB	95.5	4.5	101	Nebraska	B10	103.5	4.5	182	South Florida	Amer	97	3.5
241	Army	Pat	93.5	4.0	122	Georgia Tech	ACC	101.5	4.0	268	Neb Omaha	Sum	91.5	4.0	268	SE Missouri St	OVC	91.5	2.5
18	Auburn	SEC	115	5.0	12	Gonzaga	WCC	116.5	6.0	64	Nevada	MWC	108.5	4.5	310	SE Louisiana	SInd	88.5	3.0
215	Austin Peay	Asun	95	2.5	241	Grambling St	SWAC	93.5	1.5	68	Neu Las Vegas	MWC	108	3.0	252	Southern	SWAC	93	3.5
140	Ball St	MAC	100.5	4.0	112	Grand Canyon	WAC	102.5	4.0	278	New Hampshire	AE	90.5	4.0	85	Sou California	P12	105.5	5.0
18	Baylor	B12	115	5.5	350	Green Bay	Horz	81.5	4.0	310	New Jersey Tech	AE	88.5	4.0	117	So Illinois	MVC	102	4.0
215	Bellarmine	Asun	95	3.5	347	Hampton	CAA	82.5	2.0	56	New Mexico	MWC	109	4.0	215	SIU Edwards	OVC	95	2.5
117	Belmont	MVC	102	4.5	359	Hartford	ind	78	2.5	167	New Mexico St	WAC	98	4.5	295	Sou Indiana	OVC	89.5	3.5
354	Beth-Cookman	SWAC	81	1.5	167	Harvard	Ivy	98	4.5	331	New Orleans	SInd	87	3.0	156	So Methodist	Amer	99	5.0
278	Binghamton	AE	90.5	3.0	112	Hawaii	BW	102.5	3.0	256	Niagara	MAAC	92.5	3.0	144	Southern Miss	SB	100	3.0
49	Boise St	MWC	110	5.0	268	High Point	B5th	91.5	2.5	232	Nicholls St	SInd	94	2.0	122	Southern Utah	WAC	101.5	2.0
122	Boston College	ACC	101.5	3.5	199	Hofstra	CAA	96	4.5	174	Norfolk St	MEAC	97.5	2.5	92	Stanford	P12	105	4.5
232	Boston U	Pat	94	3.5	317	Holy Cross	Pat	88	4.0	310	North Alabama	Asun	88.5	1.0	122	S. F. Austin	WAC	101.5	4.0
215	Bowling Green	MAC	95	4.0	1	Houston	Amer	125	5.0	27	North Carolina	ACC	113.5	6.0	241	Stetson	Asun	93.5	2.5
56	Bradley	MVC	109	3.0	359	Houst Christian	SInd	78	3.5	288	NC A&T	CAA	90	1.5	331	Stenhill	NEC	87	2.5
76	Brigham Young	WCC	107	5.0	278	Howard	MEAC	90.5	3.0	215	NC Asheville	B5th	95	4.0	288	Stony Brook	CAA	90	3.0
199	Brown	Ivy	96	3.5	317	Idaho	BSky	88	3.5	215	NC Central	MEAC	95	4.0	79	Syracuse	ACC	106.5	5.0
225	Bryant	AE	94.5	2.5	241	Idaho St	BSky	93.5	3.0	136	NC Greensboro	SC	101	4.0	174	Tarleton St	WAC	97.5	3.5
301	Bucknell	Pat	89	4.5	16	Illinois	B10	115.5	5.0	39	NC State	ACC	111	5.0	136	Temple	Amer	101	4.5
225	Buffalo	MAC	94.5	4.5	256	Illinois Chicago	MVC	92.5	3.5	156	NC Wilmington	CAA	99	4.5	2	Tennessee	SEC	124.5	5.0
101	Butler	BE	103.5	5.5	241	Illinois St	MVC	93.5	4.5	339	North Dakota	Sum	86	4.0	278	Tenn Martin	OVC	90.5	3.5
140	Cal Baptist	WAC	100.5	3.5	350	Incarnate Word	SInd	81.5	2.5	241	N Dakota St	Sum	93.5	4.0	278	Tennessee St	OVC	90.5	4.5
174	Cal Davis	BW	97.5	3.0	43	Indiana	B10	110.5	5.5	288	North Florida	Asun	90	3.0	317	Tennessee Tech	OVC	88	3.5
117	Cal Irvine	BW	102	4.0	85	Indiana St	MVC	105.5	4.0	71	North Texas	CUSA	107.5	3.5	4	Texas	B12	119.5	5.0
252	Cal Poly	BW	93	3.5	71	Iona	MAAC	107.5	4.0	232	Northeastern	CAA	94	4.5	43	Texas A&M	SEC	110.5	4.5
144	Cal Riverside	BW	100	2.5	49	Iowa	B10	110	5.0	256	No Arizona	BSky	92.5	2.0	310	Texas A&M Com	SInd	88.5	2.5
288	CS Bakersfield	BW	90	4.0	11	Iowa St	B12	117	5.0	262	No Colorado	BSky	92	3.5	204	Texas A&M Cnd	SInd	95.5	4.0
329	CS Northridge	BW	87.5	3.5	174	IPFW	Horz	97.5	3.0	310	No Illinois	MAC	88.5	4.0	278	Texas Arlington	WAC	90.5	5.0
167	California	P12	98	5.0	361	IUPUI	Horz	77.5	4.0	151	No Iowa	MVC	99.5	4.5	10	Texas Christian	B12	117.5	5.0
262	Campbell	B5th	92	2.5	310	Jackson St	SWAC	88.5	3.5	268	No Kentucky	Horz	91.5	4.0	151	Texas El Paso	CUSA	99.5	3.0
275	Canisius	MAAC	91	4.0	182	Jacksonville	Asun	97	3.5	43	Northwestern	B10	110.5	5.0	278	Texas RGV	WAC	90.5	2.5
339	C Arkansas	Asun	86	1.5	204	Jacksonville St	Asun	95.5	4.0	241	N'western St	SInd	93.5	4.0	295	Tex San Antonio	CUSA	89.5	3.0
317	C Conn State	NEC	88	1.5	96	James Madison	SB	104.5	3.0	122	Notre Dame	ACC	101.5	5.0	317	Texas Southern	SWAC	88	3.5
33	C Florida	Amer	111.5	4.5	4	Kansas	B12	119.5	6.5	252	Oakland	Horz	93	4.5	167	Texas St	SB	98	2.5
310	C Michigan	MAC	88.5	4.5	225	Kansas City	Sum	94.5	4.0	160	Ohio	MAC	98.5	4.0	33	Texas Tech	B12	111.5	5.0
288	Charleston Sou	B5th	90	3.0	25	Kansas St	B12	114	5.0	16	Ohio St	B10	115.5	5.0	97	Toledo	MAC	104	4.0
112	Charlotte	CUSA	102.5	3.0	191	Kennesaw St	Asun	96.5	2.5	29	Oklahoma	B12	113	5.0	151	Towson	CAA	99.5	4.0
140	Chattanooga	SC	100.5	5.0	79	Kent St	MAC	106.5	3.5	33	Oklahoma St	B12	111.5	5.5	144	Troy	SB	100	4.0
317	Chicago St	ind	88	2.0	51	Kentucky	SEC	109.5	6.5	167	Old Dominion	SB	98	4.5	68	Tulane	Amer	108	3.0
64	Cincinnati	Amer	108.5	5.0	301	Lafayette	Pat	89	2.0	76	Oral Roberts	Sum	107	4.0	262	Tulsa	Amer	92	4.5
317	Citadel	SC	88	2.0	362	Lamar	SInd	76.5	3.0	51	Oregon	P12	109.5	5.0	262	UC San Diego	BW	92	2.5
39	Clemson	ACC	111	5.5	232	LaSalle	A10	94	4.5	191	Oregon St	P12	96.5	2.0	8	UCLA	P12	118	5.5
225	Cleveland St	Horz	94.5	3.0	278	Lehigh	Pat	90.5	4.5	182	Pacific	WCC	97	3.5	64	Utah	P12	108.5	5.0
256	Coastal Caro	SB	92.5	3.5	71	Liberty	Asun	107.5	3.0	64	Penn St	B10	108.5	4.5	39	Utah St	MWC	111	3.0
107	Colgate	Pat	103	3.0	344	Lindenwood	OVC	84.5	2.5	122	Pennsylvania	Ivy	101.5	4.5	199	Utah Tech	WAC	96	4.0
92	Coll of Chas'ton	CAA	105	4.5	215	Lipscomb	Asun	95	4.0	160	Pepperdine	WCC	98.5	3.0	85	Utah Valley	WAC	105.5	3.0
43	Colorado	P12	110.5	4.5	191	Long Beach St	BW	96.5	4.0	56	Pittsburgh	ACC	109	5.0	288	Valparaiso	MVC	90	4.5
101	Colorado St	MWC	103.5	4.0	363	Long Island	NEC	75.5	2.5	241	Portland	WCC	93.5	3.5	79	Vanderbilt	SEC	106.5	4.5
339	Columbia	Ivy	86	3.0	136	Longwood	B5th	101	2.0	232	Portland St	BSky	94	3.5	182	Vermont	AE	97	4.5
3	Connecticut	BE	120	5.0	122	Lou Lafayette	SB	101.5	4.5	329	Prairie View	SWAC	87.5	2.0	56	Villanova	BE	109	6.0
301	Coppin St	MEAC	89	1.0	262	Lou Monroe	SB	92	3.5	317	Presbyterian	B5th	88	3.0	18	Virginia	ACC	115	6.0
101	Cornell	Ivy	103.5	3.0	117	Louisiana Tech	CUSA	102	4.0	101	Princeton	Ivy	103.5	4.5	76	VCU	A10	107	5.0
7	Creighton	BE	118.5	5.5	225	Louisville	ACC	94.5	3.0	23	Providence	BE	114.5	5.0	301	Virginia Military	SC	89	3.0
256	Dartmouth	Ivy	92.5	3.0	199	Loyola Chicago	A10	96	4.5	8	Purdue	B10	118	5.5	51	Virginia Tech	ACC	109.5	5.0
122	Davidson	A10	101.5	5.0	343	Loyola MD	Pat	85	3.0	215	Queens	ASun	95	2.5	331	Wagner	NEC	87	3.5
27	Dayton	A10	113.5	5.0	107	Loyola Mary	WCC	103	4.0	122	Quinnipiac	MAAC	101.5	2.5	79	Wake Forest	ACC	106.5	5.0
225	Delaware	CAA	94.5	2.5	85	LSU	SEC	105.5	4.5	182	Radford	B5th	97	3.0	112	Washington	P12	102.5	4.5
355	Delaware St	MEAC	80.5	1.5	295	Maine	AE	89.5	2.0	204	Rhode Island	A10	95.5	5.0	56	Washington St	P12	109	3.5
317	Denver	Sum	88	4.0	337	Manhattan	MAAC	86.5	4.0	144	Rice	CUSA	100	4.5	204	Weber St	BSky	95.5	4.5
112	DePaul	BE	102.5	4.0	306	Marist	MAAC	89	2.5	97	Richmond	A10	104	4.5	33	West Virginia	B12	111.5	6.0
241	Detroit	Horz	93.5	3.0	18	Marquette	BE	115	5.0	215	Rider	MAAC	95	3.5	199	W Carolina	SC	96	2.5
85	Drake	MVC	105.5	3															



2023 NBA POWER RATINGS & DAY TO DAY TRENDS

BY VICTOR KING

NBA POWER RATINGS • HOME COURT VALUE • HOME & AWAY OVER / UNDER RATINGS

EASTERN CONFERENCE					WESTERN CONFERENCE				
TEAM	PWR	HCV	H O/U	A O/U	TEAM	PWR	HCV	H O/U	A O/U
BOSTON	8	2.5	235	228	DENVER	7	2.5	230	233
BROOKLYN	7	1.5	227	228	MEMPHIS	6.5	3	228	233
PHILADELPHIA	6.5	3	226	230	NEW ORLEANS	5	2.5	227	234
MILWAUKEE	6	3	227	220	DALLAS	5	1.5	223	228
CLEVELAND	5.5	3	223	218	PHOENIX	4.5	2	220	217
MIAMI	4	1.5	219	217	GOLDEN STATE	3.5	3	233	237
NEW YORK	4	1	224	221	LA CLIPPERS	3	1.5	215	228
TORONTO	2.5	2	222	223	SACRAMENTO	2.5	2.5	239	228
CHICAGO	2.5	2	230	233	PORTLAND	1.5	2.5	226	219
INDIANA	1	2.5	234	230	UTAH	1.5	2.5	237	232
WASHINGTON	1	1	226	224	MINNESOTA	1.5	1.5	232	228
ATLANTA	0.5	1.5	229	235	LA LAKERS	0.5	1.5	233	237
ORLANDO	-2.5	2.5	232	220	OKLAHOMA CITY	-1.5	2.5	233	232
CHARLOTTE	-3	1	228	236	HOUSTON	-4	2	220	228
DETROIT	-4	1.5	236	231	SAN ANTONIO	-4.5	2	234	237

All results are ATS (Against The Spread) unless otherwise noted. Legend as follows:

A: Away • AFT: After • BB: Back to Back • BEF: Before • CONF: Conference • Dog: Underdog • DD: Double Digit • Fav: Favorite • Gm: Game • H: Home • HD: Home Dog • HF: Home Favorite • HG: Home Game • HS: Home Stand • L: Last • O: Over • OPP: Opponent • RD: Road Dog • Res: Rest • RF: Road Favorite • RG: Road Game • RT: Road Trip • SS: Same Season • SIT: Situation • SU: Straight Up • TY: This Year • U: Under • V: Versus • Vst: Visiting Team • w/: With • Y: Year • /: After • >: More Than • <: Less Than

All ATS ties omitted. O/U trends are ATS and / or in 'OVER' (First) and 'UNDER' (Second) sequence.

SAT 1/14... Milwaukee @ MIAMI – Milw: 1-5 away in 1/1 rest sit // Mia: Series host 5-1 / 6-1 OU on Saturdays... **Boston @ CHARLOTTE** – **3* Best Bet 'UNDER'** – Bos: 0-4 OU aft div RG / 1-5 OU aft Brooklyn / 2-10 OUL12 as non-div conf RF's // Char: 2-16 OU home in 1/1 rest sit / 1-5 OU on Saturdays / 1-3 OU L4 vs Bos (223.5)... **Memphis @ INDIANA** – Mem: Series 6-0-1 OU L7 vs Ind (240.2) / 5-1 in 2/0 rest sit // Ind: 4-0 OU home w/ no rest TY / 6-1 OU on Saturdays... **Atlanta @ TORONTO** – Atl: 4-0 OU on Saturdays TY / 1-8 away in 0/1 rest sit // Tor: Series 5-1 L6 vs Atl / 6-1 on Saturdays... **Cleveland @ MINNESOTA** – Clev: Series 3-0 OU L3 (243.7) / 1-6 away vs unrested opp // Min: Series 5-1 L6 / 4-1 OU in 0/1 rest sit vs non-conf opp... **Philadelphia @ UTAH** – Phil: Series 8-3 L11 vs Utah / 4-1 Saturdays TY // Utah: 6-1 OU home w/ no rest... **Dallas @ PORTLAND** – Dal: Series 5-1 L6 / 7-3 away vs NW Div // Port: Series 11-2 OU L13 vs Dal / 3-8 home vs SW Div.

SUN 1/15... New York @ DETROIT – Ny: Series 10-1 L11 vs Det / 7-1 away in 1/1 rest sit // Det: 8-1 OU on Sundays... **Houston @ LA CLIPPERS** – Hou: 8-2 away w/ RG next day // LAC: 1-9 OU home vs < .500 opp / 1-4 OU L5 vs Hou... **Golden State @ CHICAGO** – GS: 7-0 OU L7 non-conf RG / 7-0-1 OU on Sundays // Chi: 5-0 OU home vs PAC Div... **Oklahoma City @ BROOKLYN** – OkC: 10-2 away in 1/2 rest sit // Brook: Series 4-0 OU L4 vs Okc / 1-5 home in 2/1 rest sit... **Sacramento @ SAN ANTONIO** – Sac: Series 3-0 L3 vs San / 0-5 OU away in 1/1 rest sit // San: 5-1 aft Gold St / 4-1 home in 1/1 rest sit... **Orlando @ DENVER** – Orl: 5-1 OU away in 1/1 rest sit // Den: Series 3-0 OU L3 vs Orl / 1-4 home in 1/1 rest sit vs non-conf opp... **Dallas @ PORTLAND** – Dal: 1-4 OU away in 0/0 rest sit // Port: 1-8 OU in 0/0 rest sit... **Philadelphia @ LA LAKERS** – Phil: 1-5 OU away w/ no rest // LaL: 4-1-1 L6 as non-conf HD's / 4-1 in 2/0 rest sit.

MON 1/16... Boston @ CHARLOTTE – Bos: 0-5 OU Monday RG // Char: 1-8 OU Monday HG... **Indiana @ MILWAUKEE** – Ind: 1-5 in 1/1 rest sit vs div / 1-5 OU on Mondays // Milw: 3-9 OU L12 as div HF's / 5-20-1 OU on Mondays vs Conf... **New Orleans @ CLEVELAND** – NOrl: Series 9-3 L12 vs Cle / 1-9 OU in 2/1 rest sit // Clev: 1-5 home in 1/2 rest sit... **Toronto @ NEW YORK** – Tor: 2-8 OU in 1/0 rest sit vs div / 3-9 OU Monday RG // Ny: 4-1 in 0/1 rest sit / 1-5 OU on Mondays... **Golden State @ WASHINGTON** – GS: 1-10 in 0/2 rest sit // Wash: 5-0 OU TY vs unrested opp / 22-2 OU home w/ 2 days rest... **Miami @ ATLANTA** – Mia: Series 4-1 L5 vs Atl / 4-0-2 in 1/1 rest sit vs div // Atl: 0-6 on Mondays / 2-9 OU home in 1/1 rest sit vs div... **Utah @ MINNESOTA** – Series 5-1 OU L6 vs Min (238.0) / 2-8 on Mondays // Min: 4-1 home in 1/1 rest sit vs div... **Phoenix @ MEMPHIS** – Phoe: 5-1 OU away vs > .600 conf opp / 4-1 OU on Mondays // Mem: 9-3 L12 vs PAC Div / 8-2 OU in 1/2 rest sit... **Houston @ LA LAKERS** – Hou: Series 4-1 L5 vs LAL / 5-1 in 0/0 rest sit // LAL: Series 3-0 OU L3 vs Hou (253.3) / 1-6 in 0/0 rest sit.

TUE 1/17... Toronto @ MILWAUKEE – Tor: Series 5-1 L6 vs Mil / 1-4 OU away w/ no rest // Milw: Series 2-10 OU L12 vs Tor / 3-10 home w/ no rest... **Brooklyn @ SAN ANTONIO** – Brook: Series 5-1 L6 vs San / 4-0 in 1/1 rest sit vs non-conf // San: Series 6-1 OU L7 vs Brk / 6-1 OU on Tuesdays... **Portland @ DENVER** – Port: 1-13-1 L15 div RG / 1-7 OU L8 div RG // Den: 7-3 home w/ HG next day / 1-4 OU on Tuesdays... **Philadelphia @ LA CLIPPERS** – Phil: 0-7 Tuesday RG / 9-3 OU away in 1/1 rest sit vs non-conf // LAC: 9-3 OU home vs .600 > non-conf opp.

WED 1/18... Atlanta @ DALLAS – Atl: 6-1 in 1.2 rest sit vs non-div // Dal: 1-12 in 2.1 rest sit / 1-5 on Wednesdays... **Washington @ NEW YORK** – Wash: 1-7 OU away after non-conf HG // Ny: 1-5 aft Tor / 3-11 home vs SE Div... **Charlotte @ HOUSTON** – Char: Series 4-1 L5 vs Hou / 4-1 OU away in 1/1 rest sit vs non-conf // Hou: 0-4 home in 1/1 rest sit vs non-conf / 6-1 OU Wednesday HG... **Miami @ NEW ORLEANS** – Mia: Series 8-1 L9 vs NOrl / 1-5 OU away in 1/1 rest sit // NOrl: Series 1-7 OU L8 vs Mia / 1-4 home in 1/1 rest sit vs non-conf... **Cleveland @ MEMPHIS** – Clev: 1-5 OU on Wednesdays // Mem: 7-0-1 home vs CEN Div... **Indiana @ OKLAHOMA CITY** – **5* Best Bet 'OVER'** – Ind: 4-0 OUL4 vs OkC (240.5) / 8-1 OU away aft div RG / 4-1 OU in 1/2 rest sit // OkC: 5-0 OU home w/ 2 rest vs non-div opp / 9-1 OU Wednesdays vs non-conf / 7-1 OU TY as HF's... **LA Clippers @ UTAH** – **4* Best Bet 'OVER'** – LaC: 9-0 OU L9 away vs < .500 opp / 10-2 OU w/ no rest vs non-div / 4-1 OU on Wednesdays // Utah: 5-0 OU home vs unrested opp 6-1-1 OU L8 vs LAC / 4-1 OU on Wednesdays... **Minnesota @ DENVER** – Min: Series 4-0 L4 vs Den / 2-11 OU vs unrested div opp // Den: 1-7 home w/ no rest... **Sacramento @ LA LAKERS** – Sac: 0-4 in 2/1 rest sit / LAL: 6-0 Wed HG.

THU 1/19... Chicago @ DETROIT – Chi: Series 11-1 L12 vs Det / 1-7-1 OU L9 vs Det // Det: 1-5 w/ 3 days rest / 1-8-1 OU L10 div HG... **Golden State @ BOSTON** – GS: 5-1 in 2/2 rest sit / Bos: 0-5-1 in 2/2 rest sit... **Toronto @ MINNESOTA** – Tor: Series 6-1 L7 vs Min / 8-1 OU Thursday RG // Min: 3-10 home vs ATL Div... **Brooklyn @ PHOENIX** – Brook: 11-3 PU away in 1/2 rest sit // Phoe: 6-1 on Thursdays... **Philadelphia @ PORTLAND** – Phil: Series 6-1 OU L7 vs Port / 1-5 on Thursdays // Port: 6-1 as HD's vs ATL Div / 1-9 OU aft div RG.

FRI 1/20... New Orleans @ ORLANDO – NOrl: Series 5-1 OU L6 vs Orl / 4-1 OU away vs < .400 opp // Orl: 5-1 w/ 4+ days rest / 8-2 Fridays vs non-div... **New York @ ATLANTA** – Ny: Series 10-2 L12 vs Atl / 4-1 Friday RG // Atl: 4-1 OU Friday HG / 4-1 OU bef Charlotte... **Golden State @ CLEVELAND** – GS: Series 6-0 L6 vs Clev / 0-5 OU L5 vs Clev // Clev: 1-6-2 on Fridays TY / 2-10 OU home vs unrested opp... **Miami @ DALLAS** – Mia: 9-3 OU in 3rd straight RG // Dal: 5-1 aft Atlanta... **LA Clippers @ SAN ANTONIO** – LAC: 6-1 away vs SW Div // San: Series 0-6 OU L6 vs LAC / 1-5 home w/ 2 days rest... **Indiana @ DENVER** – Ind: 5-1 Friday RG // Den: 14-3 OU in 1/1 rest sit vs non-conf opp... **Brooklyn @ UTAH** – Brook: 5-1 away w/ no rest / 7-2 on Fridays // Utah: 0-5 vs unrested non-conf opp... **Oklahoma City @ SACRAMENTO** – OkC: Series 4-1 OU L4 vs Sac / 0-5 away vs PAC Div // Sac: Series 5-1 L6 vs OkC / 10-3 aft Lakers... **Memphis @ LA LAKERS** – Mem: 7-0-2 on Fridays / 10-2 away vs PAC Div L2Y // LAL: 7-1 OU aft Kings / 8-2 OU on Fridays.